



# PUTTING IT ALL TOGETHER

[www.thestrategymasterclass.com](http://www.thestrategymasterclass.com)

*The Strategy Masterclass*

BE A GAMECHANGER,  
NOT AN OUTPERFORMER



# Putting it all together



## LESSON 1: HOLDBACKS

Your top 3 holdbacks:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## LESSON 2: FEAR

THE RESULT OF THE 5 WHY'S: \_\_\_\_\_

\_\_\_\_\_

The 5th why (the "root") was: \_\_\_\_\_

\_\_\_\_\_

The action step(s) defined: \_\_\_\_\_

\_\_\_\_\_

## LESSON 3: FEELING INSUFFICIENT

Take Action:

Identify the top 3-5 ways that you feel insufficient.

Action associated with maintaining perspective, being vulnerable, or practicing self awareness:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## LESSON 4: PERSONALITY + GIFTS

Enneagram type: \_\_\_\_\_

3-5 “themes” that you’ve identified in your life - things you always find yourself coming back to...

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## LESSON 5: TRIUMPHS + HARDSHIPS

Top 3-5 realizations from outcomes of triumphs and hardships in your life:

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## LESSON 6: LIES VS. TRUTH

List the "lies" you identified.

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Replace them with truth.

Print these out and plaster them everywhere.

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## LESSON 7: PEOPLE

Top 3-5 people in your life.

Actions associated with any boundaries that need to be set.

Actions associated with "leaning in" to those that build you up.

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2. 

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3. 

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# Putting it all together

4. \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## LESSON 8: BONUS

How you plan to practice passive rest: times, methods, places...

Time \_\_\_\_\_

Method \_\_\_\_\_

Places \_\_\_\_\_

How you plan to practice active rest: podcasts, reading, active activities...

Time \_\_\_\_\_

Method \_\_\_\_\_

Places \_\_\_\_\_

How you plan to re-set your mind throughout the day: taking breaks, going for walks, setting your phone on do not disturb...

Time \_\_\_\_\_

Method \_\_\_\_\_

Places \_\_\_\_\_